

THE SRCAA Inc

NEWSLETTER

November 2023



*Thankful for the
opportunities to
help others!*



FOCUS THIS MONTH

The month of November has traditionally been known as the last harvest month of the year. It's when daylight savings time ends, and the days grow shorter, and it's the season of the year in which many express gratitude and thankfulness while spending time with family and friends.

November is also recognized as Family Engagement month in which Governor Roy Cooper's proclamation reminds us that families are children's first and most important teachers, advocates, and nurturers. Family engagement is a collaborative process through which early childhood professionals, families, and children build positive and goal-oriented relationships.

Enjoy this season and the spirit of gratitude with family, friends, and loved ones!

Earning License for Road to Success

Robert Jenkins, a father of two, was unemployed and actively seeking work while experiencing the financial strain of monthly living expenses. Jenkins aspired to earn a Commercial Driver's License (CDL).

Being informed about the resources offered at the Salisbury-Rowan Community Action Agency, Inc., he enrolled in the Self-Sufficiency Program in June 2023.

With the support of the program's Family Development Specialist (FDS), Jenkins began his journey to attend driving school in July 2023 while also attending financial literacy workshops offered by SRCAA, Inc.

Mr. Jenkins successfully earned his CDL's in August 2023 and was further assisted by his FDS with job placement. In September, Jenkins began his new career driving on the road of success with a local trucking company. Since this time, Jenkins has been making a living wage and is currently working to achieve his goals to obtain affordable housing and continue with financial coaching to aid in developing a plan for savings and financial security.



Did You Know?

Black Friday started as a day when the gold market crashed in 1896. Two bank brokers devised a plan to buy up gold and then drive prices higher. The scheme backfired, causing the market to crash on September 24, which was not the day after Thanksgiving. So, there's that...

In the 1960s, police officers in Philadelphia recycled and coined the phrase "Black Friday" to describe the chaos and disarray that resulted from large crowds that entered the city to begin holiday shopping. These huge crowds created a headache for the police, who worked longer shifts as they dealt with traffic jams, accidents, shoplifting, and other issues.

Today, Black Friday has become one of the busiest shopping days of the year in the United States. National chain stores traditionally offer limited money-saving specials on a wide variety of goods to lure shoppers into stores while offering similar deals online. Black Friday in recent years has expanded to Cyber Monday for additional online shopping.

Black Friday SALE

OTHER POINTS OF INTEREST

EMPLOYEE SPOTLIGHT

Sondra Arnold has been with the Salisbury-Rowan Community Action Agency, Inc. for over 9 years. She is currently a teacher at the West 22 Center. Ms. Arnold enjoys her leisure time by reading books, of which her favorite categories are romance and historical themes. When she is not reading, playing games on her smartphone is another past-time activity that she enjoys.

When it comes to watching television shows or movies, Ms. Arnold says she likes anything in the science fiction (Sci-Fi) or horror genres. Her favorite dishes include bar-b-que, shrimp, and crab legs. She loves to visit both her sister and brother and claims there is never a dull moment when they are together.

What is most fulfilling about working for SRCAA, Inc.? *“Seeing all the little faces coming in every morning, smiling and happy to be here!”*

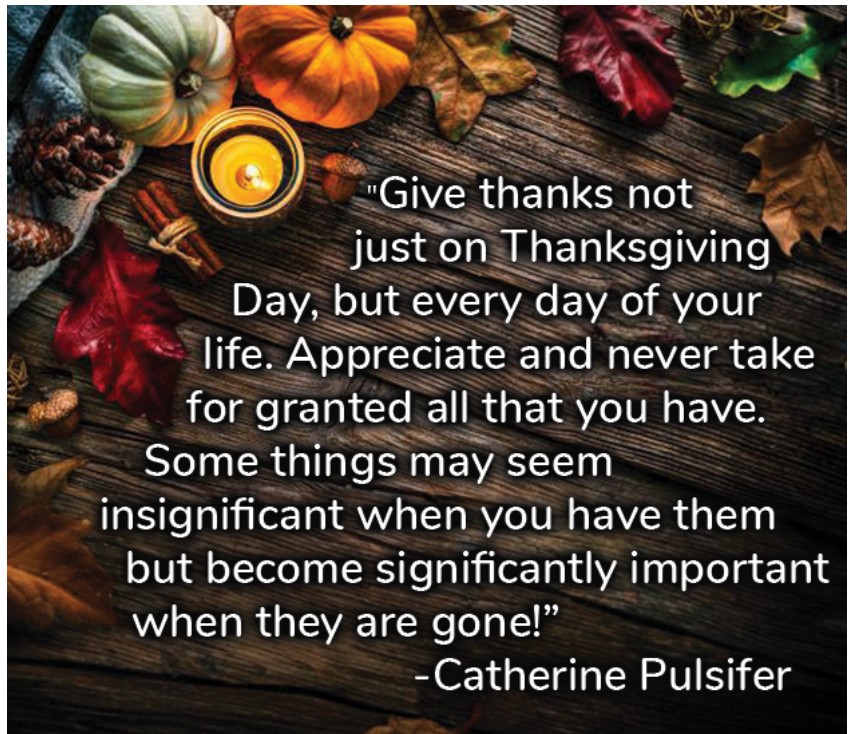


Especially watching the children when they are performing a difficult task and succeeding. The children call out, “Look, Ms. Arnold... I did it!”

-Sondra Arnold



Jasmine Miller, NC Pre-K Lead Teacher at Price Head Start graduated from the University of Arizona Global Campus on October 16, 2023. She now has a Bachelor of Arts degree in Early Childhood Education. *“Let your dreams be bigger than your fears, your actions louder than your words, and your faith stronger than your feelings.”* says Ms. Miller. **Congratulations!**



“The resilience of the Salisbury-Rowan Community Action Agency, Inc. is a direct result of you, our valued employees. Your dedication, commitment and service to this agency is most appreciated, and we would like to take this time to recognize and celebrate you. I would also like to take this moment to welcome aboard our newly hired employees!”

-Dione Adkins
Executive Director

NEW EMPLOYEE

Terri Phifer Head Start Teacher

SERVICE RECOGNITION

Lucy Ancheta	23 Years
Shara Dearmon	11 Years
Sharon Hall	11 Years
David Burkhart	8 Years
Brian Roberts	6 Years
Nekisha Burton	6 Years
Ebony Alexander	5 Years
Mekiya Hailey	2 Years
Pam Hargrave	1 Year
Jahronica Parson	1Year

SERVICE OF COMMUNITY TOP PRIORITY

In the aftermath of the unprecedented health crisis faced by our community and our entire nation due to COVID-19, the Salisbury-Rowan Community Action Agency, Inc. continues making the service of the community top priority, from providing early childhood education through our Head Start/Early Head Start Program or tuition assistance for employment skills training through our Self-Sufficiency Program, we are dedicated to helping people, help themselves

HEAD START/EARLY HEAD START PROGRAM: The comprehensive child development program is designed to meet children and family needs, providing a solid foundation for the child and parent to grow together. The primary goals of the Head

Start/Early Head Start programs are to provide the best child development practices for children birth to five years of age. Head Start provides a comprehensive child development program that addresses the physical, cognitive, mental, social, and emotional development of prenatal, infants, toddlers, and preschool participants. The program services Rowan and Davidson counties.

FAMILY SERVICES: This Self-Sufficiency program assists those who choose to make a change in their life. For families and individuals enrolled in this program, the agency provides comprehensive supportive services to secure employment or increase their income, obtain education and /or vocational training, make better use of their income, obtain and maintain standard housing, and build a strong work ethic. The program services Rowan and Cabarrus counties

Got Turkey? Recipe for Future Meals Within...

Great option to store leftover holiday turkey. The pies can be frozen cooked or uncooked for future meals. This recipe is like a chicken pot pie. Using pre-made pie crust takes most of the prep work out of this recipe!

Ingredients

- 1 egg beaten
- 1/3 cup butter
- 1 onion diced
- 1/3 cup flour
- 1/2 teaspoon poultry seasoning
- 1/4 teaspoon thyme
- 1 cup chicken broth
- 2/3 cup milk or cream
- 1 potato diced and cooked
- 1 1/2 cups frozen vegetables defrosted
- 2 cups leftover turkey
- 1 double pie crust

Directions

Preheat oven to 400°F. Whisk egg with 1 tablespoon water. Set aside.

In a medium saucepan, cook onion in butter over medium low heat until tender, about 5 minutes. Add flour, poultry seasoning, thyme, salt & pepper. Cook for 2 minutes more.

Whisk in chicken broth and milk a little bit at a time stirring after each addition. It will be very thick at first but will smooth out. Bring to a boil over medium heat and simmer 1 minute. Remove from heat and stir in turkey, vegetables, and potatoes.

Line a 9" pie plate with one of the crusts. Fill with turkey filling. Brush edges of crust with egg

wash and top with second crust. Pinch edges to seal and cut a few slits to vent pie. Brush with egg wash.

Bake 35-40 minutes or until lightly browned and filling is bubbly.

Cool for 10-15 minutes before cutting.

Notes:

Turkey can be replaced with chicken. Leftover vegetables can be used in place of frozen vegetables.

Fresh vegetables can be used but should be cooked to tender-crisp before adding to the sauce.

Potato can be cooked in the microwave.

If the crust begins to brown too much, loosely tent with foil.



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